

## ABSTRACT OF THE DISCLOSURE

An object of the invention is to provide an optical pickup apparatus that succeeded in achieving easy wiring layout and slenderization, and an easy adjustment method therefor. In the optical pickup apparatus, the position of the working light with respect to the recording medium is adjusted by positionally adjusting at least one of the optical components. Particularly by forming the opening portion in an area of the first wiring board which is located in proximity to the optical component, the wiring region of the first wiring board can be secured without covering the optical component completely.